

# Lunch

## Soup

Served 11:30 - 15:30

Served with a warm white, brown or GF bread.

Soup of the Day £7.45

Please ask a member of the team for today's choice.

## Baked Potatoes

Served 11:30 - 15:30

Served with a salad garnish

Baked beans and Cheddar cheese (v) (998 kcal) £8.45  
(Vegan cheese available)

Classic coronation chicken (1015 kcal) £9.45

Melted brie and crispy bacon (1176 kcal) £9.45

Prawn Marie Rose (740 kcal) £9.95

Beef chilli con carne (1308 kcal) £9.95  
With crushed avocado and sour cream

Tuna Mayonnaise (796 kcal) £9.45

add cheese (248 kcal) £2.25

## Plated Salads

Served 11:30 - 15:30

Seasonal Glazed goats cheese and (983 kcal) £12.45  
roasted beetroot salad  
with baby gem, kale, pine kernels, grapes and a fig coulis

Chicken Caesar salad (684 kcal) £12.45  
Roast chicken breast, crispy bacon, gem lettuce, anchovies, sourdough croutons, Parmesan & Caesar dressing

Traditional ploughman's platter (930 kcal) £12.95  
Honey glazed ham, Cheddar cheese, pickled onion, gherkins, piccalilli, boiled egg, apple and a sourdough roll.

## Toasted Ciabatta

Served 11:30 - 15:30

Served with salad garnish and crisps.

Swap your crisps for chips: £2.50

Glazed ham, mature Cheddar and (805 kcal) £8.95  
tomato

Grilled back bacon brie and cranberry (829 kcal) £8.95  
sauce

Ranch chicken with bacon and (834 kcal) £8.95  
Cheddar

Tuna and Cheddar melt (823 kcal) £8.95  
Tuna, black pepper mayonnaise and Cheddar

Smoked applewood, tomato and basil (719 kcal) £8.95  
(v/vg)

## Between the Breads

Served 11:30 - 15:30

Choice of white or brown bloomer bread.

Served with salad garnish and crisps (GF bread available)

Swap your crisps for chips: £2.50

Classic coronation chicken (1071 kcal) £9.45  
with gourmet leaves

Egg mayonnaise and chive (v) (923 kcal) £8.95

Prawn Marie Rose (894 kcal) £9.95

Ploughmans cheese sandwich (1098 kcal) £8.95  
With Branston pickle & tomato

Tuna Mayonnaise and cucumber (905 kcal) £9.45

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### FOOD ALLERGIES AND INTOLERANCES

Please speak to our helpful staff if you or a member of your party has a food allergy or a special dietary requirement. It is important that you inform a member of our team prior to placing your order. Whilst we have taken every care to ensure that allergens do not cross-contaminate, the food prepared here may have come into contact with one of the 14 allergens.

(V) Vegetarian • (VG) Vegan • (GF) Gluten free • (DF) Dairy free • (N) Contains nuts • Adults need around 2000kcal a day as a requirement.

# Lunch

## Homemade Mains

Served 12:00 - 15:30

|   |               |
|---|---------------|
| <b>Fish and chips</b> (1356 kcal)   | <b>£15.95</b> |
| Hand-battered sustainably sourced fish with gourmet chips, your choice of peas, tartare sauce & lemon (gf)  |               |
| <b>Pie of the day</b>   | <b>£14.95</b> |
| Please ask for today's choice and Kcals.  |               |
| <b>Signature burger</b> (1546 kcal)   | <b>£15.95</b> |
| Beef burger, maple glazed bacon, mature cheddar, relish, gherkins, tomato, red onion & baby gem served in a toasted brioche bun with gourmet chips & homemade onion rings |               |
| <b>Homemade beef lasagne</b> (1295 kcal)  | <b>£14.95</b> |
| served with gourmet salad & garlic bread  |               |
| <b>Maple-glazed ham</b> (789 kcal)  | <b>£12.95</b> |
| with two fried eggs, gourmet chips, piccalilli & homemade pickled cabbage.  |               |
| <b>Signature Sausage and Mash</b> (839 kcal)  | <b>£12.95</b> |
| Two Cumberland sausages with leek & Cheddar mashed potato, caramelised onion gravy & crispy shallots  |               |
| <b>Blue Diamond Fish butty</b> (906 kcal)   | <b>£12.95</b> |
| baby gem, tartare sauce, gherkins & gourmet chips   |               |
| <b>Blue Diamond Club sandwich</b> (1062 kcal)   | <b>£12.95</b> |
| Roast chicken, grilled back bacon, baby gem, tomato, fried egg, lemon & tarragon mayonnaise with gourmet chips & choice of deli salad                                     |               |

## Sides

Served 11:30 - 15:30

|  |              |
|--|--------------|
| <b>Cheesy gourmet chips</b> (631 kcal) | <b>£4.95</b> |
| <b>Garlic ciabatta</b> (354 kcal)      | <b>£3.95</b> |
| with dressed watercress                |              |
| <b>Gourmet chips</b> (385 kcal)        | <b>£3.95</b> |
| <b>Seasonal salad</b> (250 kcal)       | <b>£3.45</b> |

## Deli Salads

Served 11:30 - 16:00

*Did you know our deli counters are nutrient-rich and include ingredients needed in your daily diet?*

*One Salad:£3.45 Two Salads:£5.95 Three Salads £7.95*

|   |              |
|---|--------------|
| <b>Garden leaf salad (v/vg)</b> (44 kcal)   | <b>£3.45</b> |
| with tomato, cucumber & spring onion  |              |
| <b>Classic Coleslaw</b> (115 kcal)  | <b>£3.45</b> |
| cabbage, carrots, onions, parsley and mayonnaise (v)  |              |
| <b>Pasta Salad</b> (172 kcal)   | <b>£3.45</b> |
| with mozzarella, parmesan, tomato, spinach and nut free pesto (v)                                   |              |
| <b>Green Valley Salad</b> (188 kcal)  | <b>£3.45</b> |
| buckwheat, spinach, peas, broad beans, broccoli rice, spring onion with vinaigrette dressing (v/vg) |              |

## Eat Right Deli - Choose Main

Served 11:30 - 16:00

*Why not add any of the above salads to accompany your dish?*

|   |              |
|---|--------------|
| <b>Quiche of the Day</b>                            | <b>£7.95</b> |
| Please ask a member of the team for today's choice. |              |
| <b>Sausage Roll of the Day</b>                      | <b>£6.95</b> |
| Please ask a member of the team for today's choice. |              |
| <b>Beef Pasty</b> (554 kcal)                        | <b>£6.95</b> |
| beef and vegetable pasty                            |              |
| <b>Sweet Potato Falafel (v/vg)</b> (85 kcal)        | <b>£6.45</b> |

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# Sunday Lunch

## Roast Dinners and Hot Food

Served 12:00 - 15:30

All Roast Dinners are served with thyme roast potatoes, mixed vegetables, Yorkshire pudding and rich red wine gravy

|   |        |
|---|--------|
| Three meats roast (1558 kcal)   | £18.95 |
| Roast topside of beef (1260 kcal)   | £15.95 |
| Garlic and thyme roast chicken (1037 kcal)  | £15.95 |
| Roast gammon (987 kcal)   | £15.95 |
| Squash, Spinach & Vegan Feta Pie (v/vg) (958 kcal)  | £15.95 |
| Children's Roast Beef (826 kcal)  | £9.95  |
| Children's Roast Gammon (650 kcal)  | £9.95  |
| Children's Roast Chicken (727 kcal)   | £9.95  |
| Fish and chips (1356 kcal)  | £15.95 |
| Hand-battered sustainably sourced fish with gourmet chips, your choice of peas, tartare sauce & lemon (gf)                            |        |
| Blue Diamond Fish buttY (906 kcal)  | £12.95 |
| baby gem, tartare sauce, gherkins & gourmet chips   |        |
| Blue Diamond Club sandwich (1062 kcal)  | £12.95 |
| Roast chicken, grilled back bacon, baby gem, tomato, fried egg, lemon & tarragon mayonnaise with gourmet chips & choice of deli salad |        |

## Roast dinners sides

Served 12:00 - 15:30

|   |       |
|---|-------|
| Seasonal mixed vegetables (255 kcal)          | £3.95 |
| Roasted seasonal vegetables                   |       |
| Thyme roast potatoes (304 kcal)               | £3.95 |
| Yorkshire pudding & red wine gravy (253 kcal) | £3.95 |

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